



**In Home  
Support**



Empowering participants to live independently, providing tailored assistance with daily tasks, skill development, and goal achievement.

Westhaven's In Home Support services are all about empowering you to live life your way. We offer personalised assistance with daily tasks, skill development, and achieving your personal goals.

Our experienced team works with you to create a customised plan that puts you in control, ensuring the support you receive aligns with your unique needs and preferences while fostering independence and choice.

### Services We Offer

#### ■ Daily Living Skills

We assist with meal preparation, healthy cooking, ironing, washing, making the bed, dressing, and getting to work on time.

#### ■ Practical Support

We help participants attend appointments, pay bills, and manage their daily routines.

#### ■ Community Engagement

We support participants to engage in activities within their local community, promoting social interaction and connection.

#### ■ Social Skills Development

Our team helps participants develop and maintain healthy relationships, build social skills, and navigate complex social situations.

#### ■ Travel Training

We provide training and support to help participants navigate public transport, build confidence, and access their community.

#### ■ Tenancy and Household Management

We assist participants with managing their tenancy, household chores, and daily responsibilities.



### Who We Support

Our In-Home Support services are designed for participants living in various settings, including:

**Family homes**

**Private accommodation**

**Community housing**

**Disability specialist accommodation**

If you're looking for a supportive and empowering In-Home Support service, contact Westhaven today.

Our team is dedicated to helping you achieve your goals and live life to the fullest.

*Scan to enquire  
about this service:*



Registered NDIS Provider

[www.westhaven.org.au](http://www.westhaven.org.au)

1800 CHOICE