



SIL services are designed to increase independence while ensuring safety and well-being.

At Westhaven, we provide Supported Independent Living (SIL) accommodation to adults with disability, empowering them to live in a home environment with the support they need to increase their independence while ensuring safety and well-being.

### What is Supported Independent Living?

Supported Independent Living is an NDIS support that provides personal assistance and supervision to help individuals with a disability to live as independently as possible. This includes support with daily living activities, such as personal care, cooking, and accessing the community.

### Who is Supported Independent Living suited for?

SIL is best suited for individuals with disability who have higher support needs, requiring significant assistance throughout the day, 7 days a week, including overnight support.

### What services are included in Supported Independent Living?

- Our SIL accommodation provides a range of services tailored to each individual's needs, including:
- Personal care and assistance with daily living
- Assistance with medication, health, or medical appointments
- Support to access leisure and recreational opportunities
- Cooking and preparing meals
- Skills development inside and outside the home
- Positive behaviour supports



### How do I access Supported Independent Living?

Finding the right living environment for you is very important, and we need to consider how funding aligns with your choices.

NDIS funding may cover supported independent living in a variety of settings, from sharing with others to living on your own. It's important to work together to find a home environment most suited to your support needs and allocated funding to make sure you receive the appropriate level of support staff and services you require to reach your goals.

Our intake and service delivery team will work closely with you and your stakeholders to find the best possible living arrangement suited to your needs.

### Other Home and Living Supports

If SIL is not the best option for you, we can explore other home and living supports, such as personal care supports or individualised living options.

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