

STR provides temporary care and accommodation for individuals with disabilities, offering a break from their usual living situation.

At Westhaven, we provide Short Term Respite (STR) services, formerly known as Short Term Accommodation (STA), to adults, children, and young people receiving support under the National Disability Insurance Scheme (NDIS). Our STR services offer a flexible and supportive environment for participants to continue receiving their necessary support in planned or unplanned situations.

What is Short Term Respite?

Short Term Respite is a support service that provides temporary accommodation and care for individuals with disabilities when they need to live away from home for a short period. This service is designed to give participants a break from their usual living situation, provide an opportunity to try new things, make new friends, and develop new skills.

Our STR services offer a range of benefits, including:

- Flexible support options tailored to individual needs and goals
- Choice of service delivery and times
- In or out of home respite
- Community participation or other activities
- Social and recreational activities
- Group respite with peers
- Cultural activities and support
- Overnight, short-term placement, or daytime respite in a Westhaven property with experienced and friendly staff



NDIS Funding for Short Term Respite

The NDIS provides funding for Short Term Respite to support participants and their carers. This funding can be used flexibly, and participants can choose to use their Core budget to access STR services. Generally, the NDIS funds up to 28 days of Short Term Respite per year, and participants can use this funding in blocks of up to 14 days at a time or for one weekend a month.

Your planner and Westhaven can help you determine if STR services are suitable for your needs and assist you in accessing this support.

*Scan to enquire
about this service:*

